



Meeting Agenda

Date: 9/16/2017

Location: Highland Campus, RM 2219

Time: 5:00 PM

Topics of Discussion:

Board of Directors/Officer:

1. Training/Passwords/Marketing/Help
 - a. email., Eventbrite, Facebook, Twitter, Instagram, Mailchimp,
2. Bank Account (Still need to update the name) Save Login info
3. Funding (Fundraisers, SL Funding)
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1. Board of Directors/Officers, (Motion to accept)
2. Constitution/ByLaws (Motion to accept)
3. Membership Fees, suggested membership fee is Free with limited benefits, and \$10 with all benefits
4. Other memberships: Family, Friends, Staff/Faculty, Businesses
5. List of Events and Tentative Dates
 - o Meeting Dates and Times: 1st Meeting, 9/16, 9/27, 10/18, 10/21, 11/4, 11/15
 - o Recreational Socials 9/30 & 10/28
 - o Walk4Wellness on Mondays/Wednesdays HLC/ Does anyone else want to host a walk? Or maybe a benefit walk for Suicide or safeplace to raise money or other cause?
 - o Fitness Workouts on Selected Saturdays
 - o Fun4Wellness Challenge & Workshop Kick-Off on 10/21
 - o Fun4Wellness Fair on 11/18
6. Challenge Booklet/ideas, etc. – Student tips, recipes, booklet of student/everyone tips and suggestions on reaching health and wellness goals.
 - o Action Item: Students were invited to share a tip or a suggestion or two to be included in the booklet for the wellness workshop.
 - o Student suggestions: to be entered by students
7. Fun4Wellness Workshop



- Plans and speakers we would like to have at the workshop; still working on having a presentation on reading nutrition labels, total wellness presentation, what kind of speakers would everyone like to have?
 - Action Items:
 - Review/Suggest/Assist with Main Event Flyer,
 - Submit event proposal to SL
 - Secure Room (Social Staircase or a room)
 - Food requisition form (Students, or SL pays for food)
8. Fun4Wellness Fair –
- Action Items:
 - Plan Date
 - Sponsorship letter
 - Secure prizes
 - Seek presenters (mental health, nutrition, fitness)
 - Seek FUN vendors to participate (massage, photo booth, food samples, yoga, meditate, gifts)
 - Submit event proposal to SL
 - Secure location
 - Flyer/Posters (Same flyer as Workshop)
 - Decide on food
 - Games to play
 - Music
 - Volunteer list signup
9. Donation Lists and time given
- Food for hospitality
 - List of foods for Families in Need
 - Box of Fun (Gifts for Kids for Safe Place or Foster Kids)